

**SAVE YOUR MEMORY! STAY-SHARP SECRETS**

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**Denzel Washington**

on faith, family, and how he shed 50 lbs.

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**jokes**

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**>> Bisbee, Arizona** “Spend the night at the Shady Dell trailer park in a 1949 Airstream, have breakfast at Dot’s Diner, then check out the rest of this historic copper-mining town.”

*Laura Begley, deputy editor, Travel + Leisure*

